

Our Sixty-Third Issue • November 04 2023

Welcome to Our Sixty-Third Issue!
Thank you so much for reading all about
Buchanan's latest with us!

THE BUCHANAN CHRONICLE



THANK YOU TO OUR SPONSOR – Cultural Arts Everywhere with Greta Pope
www.culturalartseverywhere.org

Local Business – Sticky Spoons Jam

Get Your Jam at Veteran-Owned Sticky Spoons Jam at
New Location by, Rebecca Hoyt, Editor &
Photographer Sticky Spoons Jam is your local
headquarters for all of your jam needs...





Local Events – Upcoming Holidays 2023

B Buchanan Holiday Events 2023 Events Compiled by
Sally..., Publisher Events List, Find More Details
Below: About Buchanan College Club. The mission of
the Buchanan College Club is to bring...

Past Event – BASC Ribbon Cutting of Russell Stephens Sunroom

Long-Awaited Dedication/Ribbon Cutting Ceremony
of Russell Stephens Sunroom at Buchanan Area
Senior Center by, Rebecca Hoyt, Editor &
Photographer Thursday, October 26 2023 at 4:00pm
was the dedication and ribbon...



PRESS RELEASE

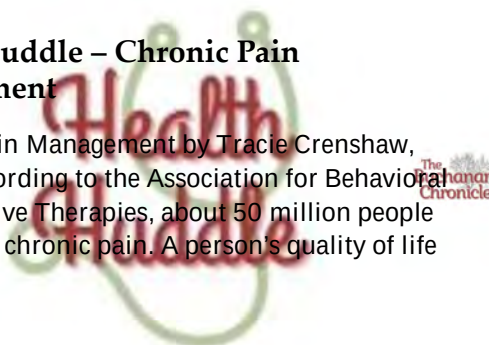
BCS Spotlight – BHS Student to Compete in National Competition

Kyler Withers, Buchanan High School Student, to
Compete in NRG Carvana Combine Competition in
Los Angeles, CA Press Release October 30, 2023 by
Buchanan Community Schools Buchanan Community
Schools is...



Health Huddle – Chronic Pain Management

Chronic Pain Management by Tracie Crenshaw,
Writer According to the Association for Behavioral
and Cognitive Therapies, about 50 million people
suffer from chronic pain. A person's quality of life
and...



Local Opinion – Bullying in Buchanan

Bullying in Buchanan Submitted by Heather Foster
Bullying has been a persistent issue in schools and communities for many years. Despite the best efforts of parents and educators, the problem...

Local Charity – MGCF Annual “Commitment To The Community” Event

Michigan Gateway Community Foundation Annual
MGCF “Commitment To The Community” Event 2023 **MGC**
Speech Delivered October 27, 2023 by Michael
Rowland, Michigan Gateway Community Foundation
President/CEO “Good evening, and welcome to this...



Local Clubs – Buchanan Galien Lions Club Recent Events

Buchanan Galien Lions Club Sports October 2023
Shared by Buchanan Galien Lions Club The Leo Club
came out in force on October 25th and 26th to help
with packaging for the Lions...



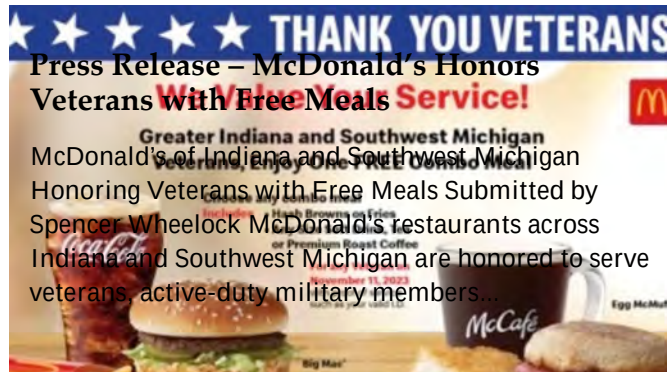
BCS Sports – Buchanan Athletics Fall Scores

Buchanan Athletics Sports Scores 10/21 – 11/04
Scores Compiled by Jen Garry, Publisher Below you
can find some of Buchanan Athletics recent sports
scores. Current sports include Boys and Girls...



Press Release – SAM Completes Training for Neurodivergent Learners

School of American Music Completes Teacher Training for Neurodivergent Learners Submitted by Donna Mitchell, School of American Music Executive Director Teachers for School of American Music (SAM) recently completed a...

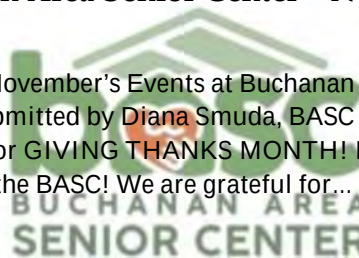


Press Release – McDonald's Honors Veterans with Free Meals

McDonald's of Indiana and Southwest Michigan Honoring Veterans with Free Meals Submitted by Spencer Wheelock McDonald's restaurants across Indiana and Southwest Michigan are honored to serve veterans, active-duty military members...

This Month at Buchanan Area Senior Center – November 2023

A Few of November's Events at Buchanan Area Senior Center Submitted by Diana Smuda, BASC Program Coordinator GIVING THANKS MONTH! Hello dear friends at the BASC! We are grateful for...



This Month at Buchanan District Library – November 2023

November at Buchanan District Library Shared with permission from Buchanan District Library monthly newsletter "There is a hunger in this digital age to hear authors together, to participate in programs,...



A Note from the Editor & Publisher – Issue 63

A Note from the Editor & Publisher – Issue 63 by
Rebecka Hoyt, Editor & Jen Garry, Publisher Editor ~
Sports and Events Volunteer Writers/Photographers
Wanted for The Buchanan Chronicle:...

Remembering – Issue 63

Remembering – Issue 63 Buchanan Losses • 10/20 –
11/02 Name Age Born Died Shannon Lea Bennett-
Winger 54 October 14, 1969 November 2, 2023
Dennis A. Drudge 73 June 12,...

The Clark Barker – Issue 63

Don't Forget to Turn Your Clocks Back! So, that time
of year is here as I have been told by my humans that
we gain another hour of sleep and...



The Buchanan Chronicle

**NEW Printed Editions of
The Buchanan Chronicle**

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(Are they all out? Tell us or this location!)

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Our mission is to inform and connect the Buchanan
community and those surrounding us through
publications with relevant topics that matter.
www.thebuchananchronicle.com
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269.697.9874 - buchananchronicle@att.net

**SPECIAL
WINTER
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SOON!!! (Early
December)**

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Thanks for Reading Our *Sixty-Third* Issue!

*

Look for Our *Sixty-Fourth* Issue:
Saturday, November 18, 2023



First Flakes of Snow October 2023 in Buchanan, Photo by Rebecka Hoyt

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The
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Chronicle

Local Business – Sticky Spoons Jam



Get Your Jam at Veteran-Owned Sticky Spoons Jam at New Location

by, Rebecka Hoyt, Editor & Photographer

Sticky Spoons Jam is your local headquarters for all of your jam needs as well as hot sauce, honey, popcorn, candles and so much more! Located at 11801 Pucker Street in Niles, MI is where owner Aiye Akhigbe, who is a veteran of the Navy where she served for two years. Aiye had a ribbon cutting ceremony for the store on July 20, 2023 and then opened on the next day July 21.

Aiye has won some business competition pitches that last a few minutes to five or even some are 10 minutes long. These competitions she says are like "Shark Tank. And I have also started my own pitch company very recently."



Sticky Spoons Jam New Store, Photos by Rebecka Hoyt

Some of the popular jams are Strawberry Jalapeno, Blueberry Lavender, Strawberry Banana Pineapple and Apple Pie. "Jam is not just for bread," states Aiye, "try it on your turkey this Thanksgiving or even on smoked ribs, yum! If you do thumbprint cookies, put Strawberry Lemonade Jam in it." I do have to let you know, the Peach Lemonade is good on a bagel that I had cream cheese on.



She started this by making baby food for her son, so she tried to make strawberry jam and had quite a bit of strawberry jelly for a while. Then after perfecting it, she tried more flavors and now has grown to 175 flavors. When you go inside, you might just be able to test a jam that she's working on and you give your feedback. It then takes time for it to be available as it goes through testing before it's available to the public. She has "a goal to make something with Habanero! Inspiration for the jams have come from drinks. So a peach mango margarita leads to peach mango jam! We create flavors that surprise and delight the taste buds!" she said excitedly and it makes your mouth water.



This coming Veteran's Day weekend, Sunday November 12 from 10am – 3pm she will have free coffee, cookies and popcorn for veterans as they come to share their stories with a vet or not share them, and enjoy each other's company while shopping and selling their products in her store. Fun fact from her, "there are 1.6 million veteran-owned businesses in the U.S." They do offer a 10% discount to active duty and veterans.



Local Veteran makers goods in Sticky Spoons Jam Store, Photos by Rebecka Hoyt

Aiye encourages everyone to go to small family farms, build relationships with farmers and customers that you love while shopping for family and friends. One of her great quotes is "to whom much is given, much is expected," as she wants to give back as much as she can.

For more information, you can view her website at www.stickyspoonsjam.com or Sticky Spoons Jam, LLC Facebook page. Thank you Aiye for your service to our country and offering our taste buds great jam!



About Sticky Spoons Jam: At Sticky Spoons Jam, we're not just about crafting jams, jellies, and syrup – we're about crafting connections, nurturing communities, and celebrating the vibrant spirit of Michigan. My journey from service to jam-making mirrors my commitment to excellence. We handpick the finest local fruits, crafting each batch with meticulous care. Our jams embody the vibrant flavors of our region, a tribute to the land we love.

stickyspoonsjam@gmail.com

www.stickyspoonsjam.com

www.facebook.com/StickySpoonsJamLLC

Store Hours: Saturday & Sunday 10am-3pm

[11801 Pucker St](#)

[Niles, MI 49120](#)

[USA](#)

BCS Spotlight – BHS Student to Compete in National Competition

PRESS RELEASE

For Immediate Release

October 30, 2023

**KYLER WITHERS - BUCHANAN HIGH SCHOOL STUDENT TO
COMPETE IN CARVANA COMBINE COMPETITION IN LOS ANGELES, CA**



Kyler Withers, Buchanan High School Student, to Compete in NRG Carvana Combine Competition in Los Angeles, CA

Press Release October 30, 2023 by Buchanan Community Schools

Buchanan Community Schools is excited to announce Buchanan High School student, Kyler Withers, achievement for being chosen in the nationwide search as a top 4 finalist in the NRG – Carvana Combine Competition hosted in Los Angeles, CA.



Kyler Withers, Buchanan High School
Student, Photo provided by BCS

From the NRG Carvana Combine Event Guide, this is an esports event aimed at engaging and exposing high school students in the United States to the world of competitive gaming, particularly focusing on the game Rocket League. The event creates an amazing opportunity for only 4 students to compete in the path-to-pro showcase that will be broadcast live in LA from the legendary NRG Castle and hosted by Rocket League legends Musty, GarrettG, and Chell. This remarkable opportunity includes the chance to win a \$5,000 scholarship, or a \$10,000 signing bonus with NRG and an NRG Content Creator contract.

The application process began with Kyler submitting a “Hype Video” showcasing his content creation skills as well as editing ability for Rocket League. Kyler’s video was judged on overall creativity and showmanship. His submission advanced him to the grand finals, in-person event, with travel expenses provided by NRG.



From left to right: Kyler Withers, Esports Coach Bryan Pearson, Superintendent Patricia Robinson, BHS Principal Brian Pruett; Photo provided by BCS

BHS Esports Coach, Bryan Pearson, who will be attending the finals with Kyler stated, "Kyler has shown his skills, dedication, and love of Rocket League since joining our esports program last year. This is an incredible opportunity for Kyler to show the world his passion. We are so proud of him and his efforts towards achieving his goal! Can't wait to see the great things he will show the world."

We wish Kyler much success as he travels to Los Angeles, CA for the 2 day in-person finals event on November 11th & 12th.



About Buchanan Community Schools: Public School system for Buchanan, Michigan area.

www.buchananschools.com

probinson@buchananschools.com

[269-695-8400](tel:269-695-8400)

Buchanan Community Schools
Central Offices
401 W Chicago St
Buchanan, MI 49107
USA



About Buchanan High School: Welcome to Buchanan High School where we prepare students for life-long success by developing responsible, resilient, creative citizens capable of succeeding in a global society. At Buchanan High School we believe our graduates will be adaptable, lifelong learners, productive problem solvers, effective life managers, confident communicators, and responsible global citizens.

www.buchananschools.com
bpruett@buchananschools.com
269-695-8403
401 W Chicago St
Buchanan, MI 49107
USA

Local Events – Upcoming Holidays 2023



Buchanan Holiday Events 2023

Events Compiled by Jen Garry, Publisher

Events List, Find More Details Below:

- **Fernwood Holiday Market 2023:** *Saturday, November 4, 2023 ~ 10am-5pm*
- **St. Anthony Annual Holiday Bazaar and Food Drive 2023:** *Saturday, November 4, 2023 ~ 9am-2pm*
- **Sip & Shop Holiday Market with Lehman's Brewery & Farmhouse:** *Saturday, November 4, 2023 ~ 9am-3pm*
- **Annual Holiday Open House with Flowers by Anna:** *Saturday, November 18, 2023 ~ 9am-3pm*
- **LIGHTS at Fernwood 2023:** *November 24, 2023 – January 6, 2024*
- **Bucktown Christmas 2023:** *Saturday, November 25, 2023 ~ 1-7pm*
- **Bucktown Christmas at Bucktown Boutique:** *Saturday, November 25, 2023 ~ 10am-5pm*
- **Artisan Market at Roti Roti Art Center:** *Saturday, November 25, 2023 ~ 10am-4pm*
- **Buchanan Area Senior Center Holiday Bazaar:** *Saturday, December 2, 2023 ~ 9am-2pm*
- **Wreath Making Buchanan College Club Fundraiser at Lehman's Farmhouse:** *Saturday, December 2, 2023 ~ 10am-12pm or Wednesday, December 6, 2023 ~ 6:30-8:30pm*
- **Buchanan Community Christmas Concert 2023:** *Sunday, December 3, 2023 ~ 6:30pm*
- **Choral Holiday Showcase at Roti Roti Art Center:** *Wednesday, December 6, 2023 ~ 7pm*
- **A Not-So-Silent Night at Buchanan District Library 2023:** *Saturday, December 9, 2023 ~ 6-8pm*
- **Christmas on the Main Stage with Southshore Concert Band:** *Sunday, December 10, 2023 ~ 2pm*



St. Anthony Annual Holiday Bazaar and Food Drive 2023

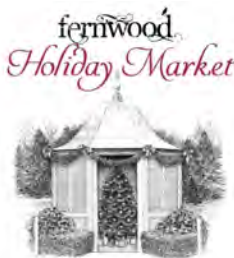
- **When:** **Saturday, November 4, 2023 ~ 9am-2pm**
- **Who:** St. Anthony Catholic Church of Buchanan
- **Where:** St Anthony Parish Hall, 509 W Fourth St, Buchanan MI
- **Details:** Variety of crafts, baked goods, Boutique Items, and so much more. Lunch available for purchase.
- **Admission:** FREE, Please bring a donation of a non-perishable food item for Redbud Area Ministries (RAM) Food Pantry. Sponsored by St. Anthony Conference of Catholic Women (CCW).
- For information or to set up a booth, please call 269-695-3863.

Sip & Shop Holiday Market with Lehman's Brewery & Farmhouse



- **When:** **Saturday, November 4, 2023 ~ 9am-3pm**
- **Who:** Lehman's Brewery & Farmhouse
- **Where:** Lehman's Brewery & Farmhouse, 204 N Red Bud Trail, Buchanan MI 49107
- **Details:** Join us for special morning on November 4th, 2023 from 9am – 3pm
Lehman's Brewery & Farmhouse has offered to open for a special breakfast just for us!
Stop by and grab a delicious breakfast/drinks and shop from local crafters and vendors!
- Link to Event Page on Facebook [HERE](#)

Fernwood Holiday Market 2023



- **When:** **Saturday, November 4, 2023 ~ 10am-5pm**
- **Who:** Fernwood Botanical Garden and Nature Preserve
- **Where:** Sims Education Center, Fernwood Botanical Garden and Nature Preserve
- **Details:** Get ready for the holiday season by visiting Fernwood's Holiday Market on Saturday, November 4, 2023, from 10 am to 5 pm at our Sims Education Center. Explore the market and discover more than 20 carefully selected vendors from around the area. Start your holiday shopping early and mark your calendars for this exciting event! Check out our list of talented vendors on our website here: www.fernwoodbotanical.org/list-of.../holiday-market
- Link to Event Page on Facebook [HERE](#)

Annual Holiday Open House with Flowers by Anna



- *When:* **Saturday, November 18, 2023 ~ 9am-3pm**
- *Who:* Flowers by Anna
- *Where:* Only at our Buchanan location, 4796 Niles Buchanan Rd, Buchanan MI 49107
- *Details:* It's that time to mark your calendar for our Annual Holiday Open House!! Join us to kick off the holiday season. We will have the best sales of the year!!! Lots of new Christmas decor and gifts will now be available and on display throughout the whole store.
- Enjoy mimosas, appetizers, and desserts! We will have lots of our new products available for you to sample as well. Not to mention great door prizes and giveaways all day long!! Please join us to celebrate the holiday season, and come see all the new merchandise that we have to offer!
- If you haven't been to our shop yet, we are wayyy more than just a florist! You can find all your holiday gifts and decor under our roof! Come join us for a fun day of shopping! Our Dowagiac store will have a holiday open house on a different weekend and is posted as a separate event....BUT you won't want to miss out on that one either, as this year each shop will have all different products!! 🎉🥂🎄 Remember to SHOP LOCAL 📍 Hope to see you there!!
- Link to Event Page on Facebook [HERE](#)

LIGHTS at Fernwood 2023



- **When:** **November 24, 2023 – January 6, 2024**
- **Who:** Fernwood Botanical Garden and Nature Preserve
- **Where:** Fernwood Botanical Garden and Nature Preserve, 13988 Range Line Road, Niles MI 49107
- **Details:** LIGHTS at Fernwood will return to the garden for the 2023 winter season. November 24, 2023 – January 6, 2024 LIGHTS will magically illuminate evenings at Fernwood once again with a professionally designed show featuring two extraordinary light tunnels, three warm fire pits, a fun winter craft station, nature-inspired light sculptures, festive music, and sounds, and more!
- Visitors will make bright memories during the most magical garden lights Southwest Michigan offers this holiday season while enjoying hot chocolate, other seasonal drinks, snacks, and festive light-up merchandise for all ages! Advance ticket purchase is strongly encouraged, as each available time slot is limited. Several nights were fully sold out in 2021 and 2022. Parking is included in the ticket price. General ticket sales for nonmembers begin on November 1, 2023.
- **BEGINNING OCTOBER 1, 2023:** Fernwood Members receive their 20% discount on regular adult tickets using a special promo code. If you are currently an active Fernwood member and have not received the promo code sent on October 1 – give us a call! After verifying your membership, we will share the code with you. Not a Member? No problem! Sign up today and we'll get the code to you!
fernwoodbotanical.org/membership
- We also need volunteers each evening! For more information, please go to **fernwoodbotanical.org/lights-volunteers**
- Still have questions? Check out our LIGHTS FAQ page at **fernwoodbotanical.org/lights-faq**
- Link to Event Page on Facebook **[HERE](#)**

Bucktown Christmas 2023



- **When:** **Saturday, November 25, 2023 ~ 1-7pm**
- **Who:** City of Buchanan MI and Buchanan Area Chamber of Commerce
- **Where:** Downtown Buchanan MI
- **Details:** Join us for Bucktown Christmas! A Buchanan tradition. From 1pm-5pm experience our downtown holiday market. Followed by our Christmas parade, holiday lighting, and pictures with Santa! Be sure to stop by our local businesses for fun events like visiting with live reindeer, making ornaments, or enjoying yummy treats!
- Link to Event Page on Facebook **[HERE](#)**



Bucktown Christmas at Bucktown Boutique

- **When:** **Saturday, November 25, 2023 ~ 10am-5pm**
- **Who:** Bucktown Boutique & Impressive Lettering
- **Where:** Bucktown Boutique, 109 E Front St, Buchanan MI
- **Details:** Come experience the magic of Christmas in Buchanan on Saturday, November 25. This event is for the whole family. Throughout the city, there will be crafts for kids, shopping for everyone yummy treats, Santa and so much more! Our store will have giveaways, special discounts, snacks, and lots of Christmas cheer! Make sure to stop in and grab some amazing gifts for all the special people on your list!
- Link to Event Page on Facebook [HERE](#)



Artisan Market at Roti Roti Art Center

- **When:** **Saturday, November 25, 2023 ~ 10am-4pm**
- **Who:** Roti Roti Art Center of Buchanan
- **Where:** Roti Roti Art Center, 117 W Front St, Buchanan MI
- **Details:** A variety of artists will feature their creations, perfect for the gift-giving season.
- Link to Event Page on Facebook [HERE](#)



BASC Annual Holiday Bazaar

- **When:** **Saturday, December 2, 2023 ~ 9am-2pm**
- **Who:** Buchanan Area Senior Center
- **Where:** Buchanan Area Senior Center, 810 Ryneerson St., Buchanan, MI
- **Details:** Grab your family/friends and shop for the holiday! Make sure you get something special for you! There will be 20 vendors selling their homemade items! Buy your door prize tickets for a chance to win! There will be 20 prizes! The BASC will be selling yummy baked goods! On your way out pick up a BBQ Chicken or BBQ Pork lunch!
- Link to Event Page on Facebook [HERE](#)



Wreath Making Buchanan College Club Fundraiser at Lehman's Farmhouse

- **When:** **Saturday, December 2, 2023 ~ 10am-12pm or Wednesday, December 6, 2023 ~ 6:30-8:30pm**
- **Who:** Buchanan College Club
- **Where:** Lehman's Farmhouse, 204 N Redbud Trail, Buchanan MI
- **Details:** Fundraiser event for Buchanan College Club. Cost is \$25 per Wreath. All supplies provided. Payment required in advance. Please RSVP to collegeclubbuchanan@gmail.com.
- Link to Event Page on Facebook [HERE](#)

Buchanan Community Christmas Concert 2023



- **When:** **Sunday, December 3, 2023 ~ 6:30pm**
- **Who:** Buchanan Christian Church with Buchanan Area Ministerial Association
- **Where:** Buchanan Christian Church, 112 Third St, Buchanan MI
- **Details:** We are looking for music from our area churches. This can be a solo, small group or if you are so blessed a full choir. Instrumentalists are also welcome and if we have enough they could play together. If there is interest we can also resume singing the Hallelujah Chorus at the end of the concert. We will follow our tradition of singing a couple verses of Advent or Christmas carols and hymns between each vocal number and of a Scripture reading before the song.
- Contact at buchsmpp@gmail.com for more information.



Choral Holiday Showcase at Roti Roti Art Center

- **When:** **Wednesday, December 6, 2023 ~ 7pm**
- **Who:** Roti Roti Art Center of Buchanan and Southwestern Michigan College Select Voices
- **Where:** Roti Roti Art Center, 117 W Front St, Buchanan MI
- **Details:** Southwestern Michigan College Select Voices perform under direction of David Carew. Arrive early (6pm) for mingling and light refreshments.

A Not-So-Silent Night at Buchanan District Library 2023



- **When:** **Saturday, December 9, 2023 ~ 6-8pm**
- **Who:** Buchanan District Library
- **Where:** Buchanan District Library, 128 E Front St, Buchanan MI
- **Details:** Enjoy hors d' oeuvres, drinks, a silent auction, and live music from Redbud Ramblers. Adults 21+ are welcome. All proceeds benefit Buchanan District Library. Celebrate the season and support the library!
- Our popular holiday event returns for another year! Combining the best of live and virtual events, this fundraiser features a week-long online silent auction that will end at our festive holiday party on December 9. This year's live music will be provided by Buchanan's own Redbud Ramblers! Don't miss this opportunity to dress in your holiday best and celebrate the season, all while supporting the Buchanan District Library.
- This year's event features LIVE music from Buchanan's own Redbud Ramblers! www.facebook.com/RedbudRamblers
- Tickets can be purchased in the library or on our website: www.buchananlibrary.org/support-us/not-so-silent-night
- Anyone can participate in the online silent auction, even if you are not able to attend the event. The silent auction starts on December 1 and ends on December 9.
- Link to Event Page on Facebook [HERE](#)



Christmas on the Main Stage with Southshore Concert Band

- **When:** **Sunday, December 10, 2023 ~ 2pm**
- **Who:** Southshore Concert Band
- **Where:** Mendel Center at Lake Michigan College, Benton Harbor, MI
- **Details:** Annual Christmas concert with Southshore Concert Band.
- Link to Event Page on Facebook [HERE](#)



2020 Reader's Digest Nicest City in America – Buchanan, MI!

About The City of Buchanan: The City operates under the Commission–Manager form of government as prescribed by the City Charter. Under this model the City Manager is responsible for managing the day-to-day operations of the City, with the Buchanan City Commission's main function being legislative and setting important policies that chart the future course of Buchanan. The City Commission is made up of five (5) members who serve four (4) year terms. The Mayor and Mayor Pro-Tem are selected at the first meeting in November following the City election. Current City Manager: Heather Grace ~ Current Mayor: Sean Denison.

www.cityofbuchanan.com

- Typical Hours at City Hall:
 - Monday – Thursday : 9am-4pm
 - Friday : 9am-1pm

Phone: 269-695-384; Fax: 269-695-4330

City of Buchanan

City Hall

302 N Redbud Tr

Buchanan, MI 49107

USA



About Buchanan Area Chamber of Commerce: Since 1960, the Chamber has promoted a spirit of community in order to enhance the growth, prosperity, and quality of life in the Buchanan area. Life truly is better here!

Buchanan Area Chamber of Commerce Membership Annual Dues:

Citizen Supporter/Individual: \$50

Non-Profit Organization: \$100

Single Owner Business/Sole Proprietorship: \$150

Regular Business: \$200; \$4/employee

www.buchanan.mi.us

[269-695-3291](tel:269-695-3291)

[324 E. Dewey St.](#)

[Suite 202](#)

[Buchanan, MI 49107](#)

[USA](#)



About Buchanan College Club: The mission of the Buchanan College Club is to bring scholarships and interest free loans to Buchanan graduates.

For More Info: Jennie Brackett, Club Contact – jennie.brackett@gmail.com.



About Buchanan High School: Welcome to Buchanan High School where we prepare students for life-long success by developing responsible, resilient, creative citizens capable of succeeding in a global society. At Buchanan High School we believe our graduates will be adaptable, lifelong learners, productive problem solvers, effective life managers, confident communicators, and responsible global citizens.

www.buchananschools.com

bpruett@buchananschools.com

269-695-8403

401 W Chicago St

Buchanan, MI 49107

USA



LEHMAN'S

ORCHARD BREWERY &

FARMHOUSE

About Lehman's Farmhouse: What began as an inquiry into a run down Buchanan City owned Clark building, Lehman's "Farmhouse" store opened in April of 2017. Featuring our own craft made beers, wines, ciders, whiskey, gin and brandies along with other items brought over from Lehman's "Orchard" in Niles, Michigan. It has been a dream come true, developing products which come from our orchard or the Southwest Michigan area. In re-purposing the "Clark" building, we have an onsite drink menu including fruit or session beers, IPA's, porters, and stouts. Using Lehman's own Apple Brandy as a base, our cocktail selection includes an apple fizz, an old fashion and a hot toddy. Look for new beer and cider flavors and other in-house developed products weekly. Also, we have a Taproom open daily featuring appetizers, sandwiches, pizzas, salads and desserts that accompany our drink menu. Come check us out and let us know what you think. Thank you for your support of local, sustainable agriculture!

www.lehmansfarmhouse.com

lehmansfarmhouse@gmail.com

[269-362-4063](tel:269-362-4063)

[204 N Redbud Tr](#)

[Buchanan, MI 49107](#)

[USA](#)

- Typical Hours:

- Sun-Thurs ~ 1130am-8pm
- Fri-Sat ~ 1130am-9pm



About Fernwood Botanical Garden: Established in 1964, Fernwood is a unique property in southwest Michigan with 105 acres of cultivated gardens and natural areas with woodlands, ravines, wetlands, and river frontage on the St. Joseph River. The property is minutes from Lake Michigan, a short distance north of the University of Notre Dame, and 90 minutes from Chicago. Fernwood follows its mission to enrich people's lives by awakening and deepening their appreciation of nature. Fernwood is a member of the Alliance of Nature Center Administrators, the American Public Gardens Association, the American Alliance of Museums, Botanic Gardens Conservation International, Chicago Wilderness, The Garden Conservancy, and The Nature Conservancy. The garden is open year-round Tuesday through Sunday from 10 am to 5 pm and is located in Buchanan Township at 13988 Range Line Road, Niles, Michigan.

www.fernwoodbotanical.org

info@fernwoodbotanical.org

[269-695-6491](tel:269-695-6491)

[13988 Range Line Rd](#)

[Niles, MI 49120](#)

[USA](#)

- Garden Hours:
 - Tues-Sat 10a-5p
 - Sunday noon-5p
- Cafe Hours:
 - Fri-Sun noon-3pm
- Garden Admission:
 - **Members** – Free
 - Adults – \$10
 - Seniors (65+) – \$7
 - Student (with ID) – \$7
 - Military & First Responders – \$5
 - Children (ages 5-17) – \$5
 - Children (4 and under) – Free
 - *An additional or separate fee may apply for some special events including LIGHTS.

Flowers By Anna

UNIQUE & CREATIVE FLORAL DESIGNS

About Flowers by Anna: More than a flower shop, Flowers by Anna is most certainly not just floral. We have a large assortment of unique gift items for all occasions, as well as home decor, sympathy keepsakes, plants, herbs, hanging baskets, candles, body products, jewelry, canned jams & more, birdhouses, balloons, handmade baked goods, and SO much more. We cannot express enough that we are more than just a flower shop! Come and see what we have in store for you!

www.freshflowersbyanna.com

flowers_by_anna@yahoo.com

Buchanan: [269.409.6090](tel:269.409.6090)

Buchanan Location:

[4796 Niles-Buchanan Rd](#)

[Buchanan, MI 49107](#)

[USA](#)

Dowagiac: [269.782.9100](tel:269.782.9100)

Dowagiac Location:

[111 Commercial St](#)

[Dowagiac, MI 49047](#)

[USA](#)



About St. Anthony Parish: St. Anthony invites you to celebrate Mass with us; Please see the times below. Our pastor, Leo Cartagena, is pleased to welcome guests to our parish. We are located in Buchanan, MI. Mass times for St. Anthony are below. Once again, we welcome you! Diocese of Kalamazoo ~ Rite: Roman-Latin

discovermass.com/church/st-anthony-buchanan-mi/

office@stanthonybuchanan.com

[269-695-3863](tel:269-695-3863)

• MASS TIMES:

• **Saturday** ~ 4:00pm

• **Sunday** ~ 8:30am

• OTHER SERVICES:

• **Confessions** ~ 3:00-3:45pm

St. Anthony of Buchanan

[509 W Fourth St](#)

[Buchanan, MI 49107](#)

[USA](#)



About St. Paul Lutheran Church: SPLC's Mission is to magnify God's Name, St. Paul Evangelical Lutheran Church exists to bring people to Jesus and membership in His family, to know God more fully, develop them to Christlike maturity, to make God more fully known, and to equip them for their ministry in the church and their mission in the world.

www.stpaulbuch.org

www.facebook.com/stpaulchurchofbuchanan

buchsm@gmail.com

[269-695-9061](tel:269-695-9061)

Sunday Services start at 9:30am, Sunday Bible Study begins at 8:30am

St. Paul Lutheran Church of Buchanan

212 West Front Street

Buchanan, MI 49107

USA



About Buchanan Area Ministerial Association: This group is made of different churches in Buchanan. Their page is a great way to stay up to date on different events BAMA is hosting, but more importantly it is a great way to see how God is moving in Buchanan.

BAMA Facebook: <https://www.facebook.com/BAMACHurches/>

[269-325-1227](tel:269-325-1227)

Buchanan, MI 49107

USA



About Buchanan District Library: Our mission is to provide quality material, superior programming and exceptional services delivered with care and integrity to meet the needs of our diverse community.

Contact: Meg Paulette, Director

www.buchananlibrary.org

m.paulette@buchananlibrary.com

[269.695.3681](tel:269.695.3681)

[128 E Front St](#)

[Buchanan, MI 49107](#)

[USA](#)

Past Event – BASC Ribbon Cutting of Russell Stephens Sunroom



Long-Awaited Dedication/Ribbon Cutting Ceremony of Russell Stephens Sunroom at Buchanan Area Senior Center

by, Rebecka Hoyt, Editor & Photographer

Thursday, October 26 2023 at 4:00pm was the dedication and ribbon cutting ceremony at Buchanan Area Senior Center (BASC) for the Russell Stephens Sunroom. The sunroom faces the east and south and you will enjoy a gorgeous view of the hills and trees in the distance. However, on this day it was cloudy with a few rain showers and you can see the donor honor roll sign that has open spaces for more donors to be added onto that Executive Director of the BASC Adam Burck stated.

This dedication/ribbon cutting ceremony has been in the works for a year as other things got in the way and when to have it. Around 55 – 65 people attended while enjoying the company of others, listening to a handful of speakers, appetizers and sparkling grape juice to toast the new sunroom after the ribbon cutting happened.



Sunroom Dedication and Ribbon Cutting at BASC, Photos by Rebecka Hoyt

Opening up the presentations was Jeanne Harris, President of the BASC board. Jeanne knew Russell Stephens as she graduated with him from BHS in 1968 as she stated, "We're running out of room (Russell stated) and Adam knew the dreams of Russell."

Alice Kring shared memories of Russell noting that he was on the Buchanan Chamber of Commerce Board. Alice said, "he made compromises to each other and was very involved with overseeing construction and vision to have extra room here. His mother Connie loved it here and it (BASC) was a special place in his heart and wore many hats in the community."

The BASC has had a total of \$101,721 donated from donors and hope to get some more with their last annual appeal to the finish line. A couple of Bequest donations have been made as well to the BASC this year if you want to leave a legacy. Adam thanked everyone for the many donations no matter the size of them as they are greatly appreciated



Sunroom Dedication and Ribbon Cutting at BASC, Photos by Rebecka Hoyt

Two members of Buchanan Area Chamber of Commerce said a few words, Brandon DeJaynes (Executive Director) and Fran Terry (President). Brandon stated that he "was glad to see the growth in Buchanan and this is the 4th ribbon cutting this month, and to honor Russell Stephens and the contributions Russell has made to get the sunroom here." Fran Terry has "known Russell for quite some time. He had dedication and did it 110%. He was honest, committed, dedicated, a friend and he never forgot you, he is very much missed and the community is much better off for having known him."

The Russell Stephens room is being well used even after hours by other groups and organizations. Everyone 55 years old and up are welcome to come and enjoy it!

PAST Event Info:

- *Who:* Buchanan Area Senior Center
- *What:* Sunroom Ribbon Cutting & Dedication Celebration
- *When:* **Thursday, October 26, 2023 from 4-6pm**
- *Where:* Buchanan Area Senior Center
 - 810 Rynearson St, Buchanan MI 49107
- *Details:* Join us in the dedication of the sunroom in the memory of Russell Stephens. We thank all those who have generously contributed to our Annual Appeal to raise the funds to pay for the addition. If you would like to donate toward the sunroom, please send donations to the BASC, 810 Rynearson Street, Buchanan, MI 49107 or stop by the center.



About Buchanan Area Senior Center: Buchanan Area Senior Center provides a complete facility, a friendly and efficient staff, and active volunteers that enhance the quality of life of seniors in our community. We offer programs and services designed to promote physical, social, and mental well-being, including exercise, recreation, and crafts, as well as Senior Nutrition Services, food commodities, and a Senior Community Garden.

diana@thebasc.org, Diana Smuda – Program Coordinator
adam@thebasc.org, Adam Burck – Executive Director
[269-695-7119](tel:269-695-7119) (phone).
[269-695-2901](tel:269-695-2901) (fax).
[810 Ryneerson St](#)
[Buchanan, MI 49107](#)
[USA](#)

Local Clubs – Buchanan-Galien Lions Club Recent Events



Buchanan-Galien Lions Club Events October 2023

Shared by Buchanan-Galien Lions Club

The Leo Club came out in force on October 25th and 26th to help with packaging for the Lions Club's Nut and Candy biggest fundraiser of the year. The Buchanan-Galien Lions and Leos packaged product for our Annual Nut and Candy Fundraiser on the evenings of October 25th and 26th. Candy and Nut distribution stands will start being set up October 30th and sales will continue until all product is sold. Lions Club "Special Thanks" to the Buchanan American Legion for being the packaging site and our local businesses who host a sales stand. And of course – Thanks to our local communities, families and friends who helped package, and to all who purchase and enjoy our product.



Buchanan-Galien Lions Club recent events, Photos shared by Buchanan-Galien Lions Club
They also helped give out candy at the community's Annual Trek-or-Treat event on 10/28/23.



Buchanan-Galien Lions Club recent events, Photos shared by Buchanan-Galien Lions Club

Members of the club also sold handmade pizzas on 10/28/23 to raise money for two of our Leo Club members upcoming band trip to Melbourne, Australia!



Buchanan-Galien Lions Club recent events, Photos shared by Buchanan-Galien Lions Club



"We Serve" is our motto – 89+ years strong – and proud to serve in the 2020 Nicest City in America
– Buchanan, MI!

About Buchanan-Galien Lions Club: Buchanan-Galien Lion's Club has been serving the community for more than 75 years. We meet the 2nd and 4th Thursday of the month at the Buchanan American Legion Hall – to learn more about becoming a Lion, contact us. Lions are men and women who volunteer their time to humanitarian causes. Lions extend their commitment beyond sight conservation through countless local efforts that include youth outreach programs, improving the environment, building homes for the disabled, and, through their foundation, provide disaster relief around the world.

[Buchanan-Galien Lions Club Facebook Here.](#)

BCS Sports – Buchanan Athletics Fall Scores



Buchanan Athletics Sports Scores 10/21 – 11/04

Scores Compiled by Jen Garry, Publisher

Below you can find some of Buchanan Athletics recent sports scores. Current sports include Boys and Girls Cross Country, Boys Varsity Football, and Girls Varsity Volleyball.

Please do let us know any corrections or additions to the list. Go Bucks!

SPORT: Varsity Cross Country (Boys and Girls)

Date	Time	H/A	Against	Final Score
11/04	9:30a	Away	State Finals Meet	* GOOD LUCK BUCKS! *

Buchanan Bucks Varsity Cross Country (Boys and Girls) Recent Scores Fall 2023

SPORT: Varsity Football (Boys)

Date	Time	H/A	Against	Final Score
10/27	7:30pm	Away	Kalamazoo Hackett Catholic Prep	WON 29-21

Buchanan Bucks Varsity Football (Boys) Recent Scores Fall 2023

SPORT: Varsity Volleyball (Girls)

Date	Time	H/A	Against	Final Score
11/2	6pm	Home	Bridgman	WON 21-25 25-11 25-15 25-20
11/1	7:30pm	Away	Cassopolis	WON 25-16 25-19 25-9
10/30	7:30pm	Home	Niles Brandywine	WON 25-23 25-23 25-17
10/24	7pm	Away	Vicksburg Mini Vicksburg	WON 25-22 25-18
10/24	6pm	Home	Vicksburg Mini Invite Battle Creek Harper Creek	LOST 12-25 23-25
10/24	6pm	Home	Vicksburg Mini Invite Saint Joseph	WON 25-18 25-17
10/21	11am	Home	Conference Tournament Niles Brandywine	WON 25-8 25-18
10/21	10am	Home	Conference Tournament Berrien Springs	WON 25-23 25-9
10/21	9am	Home	Conference Tournament Dowagiac	WON 25-20 25-18

Buchanan Bucks Varsity Volleyball (Girls) Recent Scores Fall 2023



GO BUCKS!

Buchanan Community Schools – Buchanan Athletics

www.buchananathletics.bigteams.com

[269-695-8403](tel:269-695-8403)

[401 W Chicago St](#)

[Buchanan, MI 49107](#)

[USA](#)

SPORTS



Health Huddle – Chronic Pain Management



Chronic Pain Management

by Tracie Crenshaw, Writer

According to the Association for Behavioral and Cognitive Therapies, about 50 million people suffer from chronic pain. A person's quality of life and functionality in society is measurably impacted when afflicted with chronic pain or other chronic conditions. Ongoing additional complications of chronic pain are numerous and include inactivity, sleep problems, digestion issues, poor memory, and depression. Another impact could be prescription drug abuse. Analgesics (pain medication) is not effective for long-term pain management and it also increases the risk for overdoses (Gilliam, et. al., 2018). In addition, research indicates that opioid tolerance can actually make pain worse (Townsend, et al., 2008). The good news is that despite these grim facts, chronic pain can be managed effectively with some education and a little effort.

When a person has chronic health conditions, it tends to dominate their lives. The longer they have the pain and/or other issues, the more a person capitulates the hold it has on them. People often do less and less over time because, frankly, it hurts. It becomes more difficult to do things that don't feel good. They break down over time, and become less and less functional outside our homes as well as within. Unfortunately, this causes minds and bodies to become weaker. The basic muscles we used to use daily for things like tying our shoes start to atrophy, but some people don't consider this as they start to become unable to do even the simplest of tasks. It's basically a downward spiral for a lot of people.

It's frustrating, too, when seeking help. Because doctors typically specialize in one area, systemic problems tend to get missed for many years. People with chronic conditions seek out so many professionals with titles ending in "-ologist" that they lose count. They are so desperate to feel better that aside from consulting doctors, they try acupuncture, chiropractic care, massage, seek out support groups, and a myriad of other ways that someone can help them with their physical struggles.

This consumes people with chronic pain. Their brains are permeated with thoughts of their health, of what could be wrong with them, of how they will never feel good again. They consider taking a bath or lying down. They google what they can do to feel just an ounce better. It's difficult to think of other things when you are in constant pain or have other long-term issues.

The people in the lives of those suffering care so much! They want you to know they care and they ask often how you are doing. Usually the first words out of their mouths are "How's your back pain?" or "How did your doctor appointment go for your lupus follow-up?" Unfortunately, this enables people with chronic pain to focus only on

their condition instead of other things, more positive things, that are a part of who they are. In psychology, this is called a pain behavior. When the pain is the star of the conversation and the ambassador of thoughts, it actually makes a person's condition worse. Let me explain.

The brain is brilliant. Your entire nervous system has a goal of protecting you from danger. If you stub your toe, the physical energy is converted into chemical signals sent to your brain, and the brain sends a signal in response indicating pain (Brannon, et al., 2018). It's a danger signal, letting you know that something is wrong. It doesn't matter if it's a papercut or a broken arm – your brain's goal is to protect you from further damage to the injury. When we stub a toe on a chair, we know that it's a temporary pain and nothing serious is wrong. After yelping out, we tend to continue with our day and ignore the pain. This is, in a way, our communication to our brain that there is, in fact, no emergency and the alarms can pipe down.

However, when many people have chronic pain, they aren't ignoring it and continuing with your day. They know that it's not temporary and dwell on it for extended periods of time. The thing is, the more a person focuses on something being wrong, the more thoughts they have around this condition, and the more they are reaffirming to the brain that there's danger. Often, this activates the sympathetic nervous system, which is our fight or flight mode, and stress hormones increase (Brannon, et al., 2018). The brain can't differentiate between a real danger and something like chronic pain. Having higher stress levels can contribute to pain feeling worse, especially over time. It can also contribute to any sort of health concern, chronic or not, feeling worse.

The first line of pain management for chronic conditions is to resist talking to others about pain and to reduce pain behaviors, like constantly rubbing your back. Of course, you can't go your whole life without talking about it, but a key component is to divert negative thoughts around pain, and attention from the pain, to something else, like a hobby or a book. Accept the pain and focus on all the other aspects of yourself that make you, you. The more practice one has doing it, the less and less a person finds themselves thinking about pain, or engaging in pain behaviors like moaning while walking. Then the body, once in constant fight or flight, tends to slow down a little bit.

In fact, a lot of improving your life with chronic pain has to do with the body constantly being in a state of flight or fight. All pain signals as well as signals that it's too hot or too cold for your body, or any other signal you are receiving, like feeling dizzy or even chronically tired, is your brain alerting you that something is wrong. Being in a constant state of stress, for months or even years, accelerates the condition.

Our thoughts, in particular, help escalate the condition. How many people have a cold and say, "I'm never going to feel good again." Or someone who broke a leg thinks, "I'll never walk normally again." Or any other form of negative thinking? Repeating these thoughts to yourself is even further affirming to your brain that yes, something is wrong.

We know there is something wrong, yes. We wouldn't be suffering with the conditions we have, otherwise. But keeping your brain in a spiral of thinking about that only makes it worse. We can learn to accept and live with our conditions without them controlling our functionality and our mental health.

There are a number of ways one can help manage chronic pain that don't involve drugs. The American Pain Society recommends a multi-disciplinary approach, which means adopting a few different ways to manage pain (Lami, et al., 2018). A few are listed below.

- Diaphragmatic breathing (Chang, et al., 2015). Let's take a look at our breath. Those of you who have practiced yoga know that it's centered around the breath, but many people don't realize how important very deep breathing is to our physical and mental health. Deep, diaphragmatic breathing is the only way we can physically turn on the parasympathetic nervous system, which is one of two halves of our automatic nervous system (the other one being that sometimes hyper-active sympathetic nervous system). When we are anxious because a bear is chasing us, our heart rate naturally goes up and so does our breathing. The same thing occurs when we are in some sort of physical pain or distress. And then our brains read this from our automatic nervous system and translates it to "Danger!" When we consciously slow down our breath, as slow as we can, we subsequently will slow down the heart rate. Then, the parasympathetic nervous system starts reporting that the danger has subsided, causing the sympathetic nervous system to calm down, and we are more relaxed. Several times a day, take a moment and breathe as slow as you can from your stomach.
- Mindfulness and meditation (Cassidy, et al., 2015). Studies have proven that taking charge of your mental health can show improvements in physical health and vice versa. Mindfulness helps physical health by pulling us out of our thoughts and worries and just being aware of your surroundings in a non-judgmental way. Because slowing down the mind also slows down the body. Stress in both forms is detrimental to health. Being aware of your

sensations in your body and accepting them, without judgement or negative thoughts, helps in long-term pain management.

- Physical activity (Ambrose & Golightly, 2015). The last thing people want to do is engage in activities when they are in pain, but studies have shown that exercise helps reduce chronic pain. The key is using modification and moderation. How many of us, even the healthiest of us, overdo activities and then spend a long time recovering? Modify activities by using aids and moderate activities by slowly building up the amount of exercise.
- Manage stress (Hannibal & Bishop, 2014). This includes being aware of your perception of stressful activities. Often, our perception of events tends to be more catastrophizing than the event itself.
- Progressive muscle relaxation (Kwekkeboom & Gretarsdottir, 2006). Research has shown that PMR is very effective in managing pain. Here is a link that explains how it works: <https://www.cci.health.wa.gov.au/-/media/CCI/Mental-Health-Professionals/Panic/Panic-Information-Sheets/Panic-Information-Sheet-05-Progressive-Muscle-Relaxation.pdf>

Learning how your body is speaking to you will help you attain good health. Anyone, from folks with chronic conditions to people of average health can use body/mind/spirit integration practices to improve their lives. If we balance these areas, reduce our stress/fight or flight response, and redirect negative thinking, we will refine our health like never before.



Local Opinion – Bullying in Buchanan

OPINION

Bullying in Buchanan

Submitted by Heather Foster

Bullying has been a persistent issue in schools and communities for many years. Despite the best efforts of parents and educators, the problem continues to plague our society. The detrimental impact of bullying on victims can have profound and last effects on their mental health, causing emotional distress in an already challenging world.

Bullying, according to our local school district, is defined as, “any gesture, written, verbal, or physical act that is intended to harm one or more students.” This encompasses comments, rumors, (spoken or electronically), or violence. While bullies face consequences for their actions, the victims endure psychological and emotional suffering that may last for years. It may include mental health trauma, low self-esteem, isolation, and in some cases, contemplation of suicide. According to the CDC, those who are frequently being bullied are at an increased risk for suicide. As a parent reading this, it’s a scary thought.

Bullying is a problem in every district, but I was saddened to see the extent of this issue in our small town. Both the elementary and high school are seeing an exponential rise in bullying. Additionally, there appears to be a disconnect between school authorities and the guidelines set forth in the handbook.

Thankfully, BCS has recognized these discrepancies and has committed to realigning staff with the correct definitions of bullying. While we cannot take away the hurt or the long-lasting emotional impact that bullying has on our children, we can begin to contemplate, how do we best move forward and collaborate in order to be more supportive to these victims?

Local parent support group, PABatBCS, (Parents Against Bullying at Buchanan Community Schools), is reaching out to our community, in hopes you will join us in standing up for the victims of bullying. Every child needs our support and we need to show them that we will stand up against bullying.

Buchanan’s School Board meetings are every third Monday of the month at 6pm in the high school auditorium. We’d love to have the community join us in sharing their thoughts or stories on bullying and our unwavering support for the victims of bullying.

Together, we can make a difference and work towards a community free from bullying, where children feel safe and supported.

Let’s keep Buchanan as the nicest place in America, by collectively standing up against bullying!

Thank you,

~ Heather Foster, Buchanan

The Buchanan Chronicle wishes to provide a venue for public opinion to be heard. We may edit but only for typos, language, or length; as we desire to present submitted opinions as received.



Local Charity – MGCF Annual “Commitment To The Community” Event



Michigan Gateway Community Foundation Annual "Commitment To The Community" Event 2023

Speech Delivered October 27 2023 by Michael Rowland, Michigan Gateway Community Foundation
President/CEO



MGCF Annual "Commitment To The Community" Event 2023, Photos provided by Michael Rowland

"Good evening, and welcome to this year's Commitment to The Community Event.

We extend our heartfelt thanks to Carol Line and her talented Fernwood team for being our host sponsor tonight. The Sims Education Center stands as a testament to the incredible achievement of our nonprofit community, and we are proud to have them as one of our longtime partners.

Today, we come together to share the inspiring story of our achievements in the last fiscal year and our vision for the future. The Michigan Gateway Community Foundation's commitment to fostering a community of philanthropy for good, forever, is only possible because of your unwavering support, encouragement, and volunteerism. Your presence here today means the world to us.

As a past trustee once said to me, in times of uncertainty, the community needs our organization the most. Despite the challenges we faced this year, including a volatile stock market, inflation, and rapidly growing needs of the community, we have continued to serve. This is why our donors trust us to make their endowed gifts last in perpetuity. I would like to share a quick video to show you our work, who we help, and why it matters.

Our staff of Jennifer Popielski, Caitlyn Tucker, and Nicole Mireles is truly amazing. Their hard work, dedication, and positive attitudes are an inspiration. They have contributed immensely to the success of our

organization, and we are lucky to have them on our team. Let's give them a round of applause for their outstanding work!

Last fiscal year, our organization had a solid financial performance, which allowed us to increase both our granting and scholarship awards!

We are proud to have received contributions from 411 individuals, businesses, and organizations, totaling \$494,426. These contributions are endowed and will continue to benefit the community in perpetuity. With these endowments, we could provide 234 scholarships to area students worth a total of \$509,338, as well as 105 grants representing \$494,426 of resources for the nonprofit community. In addition, this year's class of Buchanan graduates received a pledge of over \$1M of Buchanan Promise dollars for their college careers, marking the first time in the program's history.

Buchanan, the community where we started in 1973, is currently on the upswing, and we are thrilled to be part of its progress. As an organization, we have been fortunate enough to partner with the Live Buchanan organization to provide equitable opportunities for culture. We proudly offer free concerts at The Common and support the efforts of the Buchanan Tree Friends, who continue to keep Buchanan a Tree City USA. Moreover, we have been working with Corewell Health to offer a primary care facility in Buchanan, and the Unity Fund has been investing in tomorrow's healthcare with scholarships and grants. Finally, the Buchanan Promise has been helping Buchanan Community Schools provide world-class opportunities for young people.

Last year, Buchanan Promise had an outstanding year, increasing the award to \$15k. We currently have 462 students attending colleges, universities, and trades programs worldwide, thanks to this scholarship. However, it's important to note that Buchanan Promise is not just a single scholarship. We believe in fulfilling the need with a "three-legged stool" approach that includes the Promise scholarship, financial literacy, and providing Kickstart to Career College Savings accounts at Honor Credit Union for all Buchanan kindergarteners. This comprehensive approach ensures that students have the necessary resources to achieve their dreams and become community-conscious and successful humans.

The Youth Advisory Council (YAC) is a unique resource at our Foundation, as it is comprised of high school students from five area schools who work as a separate council with their own granting resources. Over the past year, they provided valuable youth-led grants for food security programs in Buchanan, the Blankets for Beacon program in Niles, and the United Way Backpack Spectacular in Cass County. In addition to providing financial assistance, they volunteered as a group at multiple events like the YMCA Thanksgiving Day Run, the Autism Fun Walk, the Buchanan Chamber Chili Walk, Thrill on The Hill, and LIGHTS at Fernwood. I would also like to acknowledge Cora Wegner and Olivia Stranger for serving as YAC representatives on the Board of Trustees for the Foundation in the last fiscal year. This year, we are represented by Lorraine Holtgren and Nathan Becraft.

A special thanks to our YAC advisor, Jennifer Popielski, for her contribution to making this happen, and congratulations to all the young people for their impressive year of service. To illustrate their work, I would like to show you a quick video about these incredible young people.

Over the past year, we have made great strides to increase our impact in the wonderful community of Niles. Our efforts have been aligned with the city's strategic priorities, and we have recently provided resources through our Help4Homes fund, which offers much-needed home repair assistance to those considered low-income and senior citizens. Our partnership with EnFocus has enabled us to double down on our impact and provide even more resources through nonprofit fellows. In addition, our collaboration with longtime partners Corewell Health and YMCA of Greater Michiana has yielded significant healthcare, wellness, and cultural benefits for the community.

Our Cass Area Fund is another exciting area, providing endless opportunities to make a real impact. We are thrilled to partner with the Diamond Lake Yacht Club and YMCA of Greater Michiana to provide swim camps for Cassopolis and Marcellus. These camps teach life-saving water safety skills and challenge young people to overcome their fears and achieve their goals. Regarding healthcare, we are proud to partner with Cass County Council on Aging to provide operational support for senior services. We also prioritize education through our partnerships with the Sam Adams Backpack program, giving school supplies to students in Cassopolis and Marcellus.

Additionally, we completed our third year of The Lyons Reading Fund, which is a generous gift from the Lyons family to promote literacy in Dowagiac schools. We have expanded our support of the Dowagiac community by assisting them with transferring artifacts from Southwestern Michigan College to the Dowagiac Area History Museum and supporting the museum's campaign to expand its facilities. Our partnership with the

Heddon Museum has helped us significantly expand our cultural work in Cass County.

Another way the Foundation has worked to make a visible impact is through our productive partnership with Niles-based On Base Productions, which provides us with high-quality marketing support to share the Foundation's work and highlight the works of our partners and those we serve. Specifically, we take heart in featuring the stories of young people using our scholarships to reach their dreams. Our Community Partner Series videos showcase these stories and more and are currently available for viewing on our new website (mgcf.org) and social media channels. Now, we invite you to watch the Community Partner Series video we produced last year to learn more about tonight's host sponsor, Fernwood. Their Fernwood LIGHTS event creates a bright and magical holiday experience for our region. And, I would be in big trouble if I didn't remind you all that tickets for LIGHTS are on sale now! =)

As we reflect on our past achievements, we must also look toward the future. Our Foundation has seen substantial growth in our charitable work and staffing needs over the past decade. As we continue to evolve, we recognize the need for change and to adapt to the times. We are excited to announce that the City of Buchanan has granted us the opportunity to purchase the historic Ross Sanders House as our new Foundation headquarters. This iconic building, located at 107 West Front Street, has served as the Buchanan City Hall, Buchanan District Library, and the Buchanan police station over the years, and we are thrilled to be able to preserve it in perpetuity. Over the next year, we will collaborate closely with the Buchanan Preservation Society to undertake a historic renovation and preservation easement on the property. We are confident that the Ross Sanders House will symbolize our commitment to fostering a community of philanthropy for good forever.

At this point, I know I'm standing in the way of the food and bar, and that's not a good place to be. So before I let you go, I want to do some final thank you's. The work of Michigan Gateway Community Foundation is not done by anyone alone. If you are a foundation board or committee member, YAC members, staff and/or donor please stand.

If you look around you can see that it is truly a combined effort of different ideals, backgrounds, and commitments. Our success is your success; our capacity to help others is due to your generous and caring support. Thank you for everything you do to make our community's future better.

Thank you, everyone, for coming tonight and listening to our story of philanthropy. I hope it inspires you to make a difference. It shows you what is possible and gives you the spark to be part of a legacy far more significant than ourselves. Please enjoy the rest of the night, and if this evening has inspired you to make a difference, consider a gift to the fund of your choice through the envelope on your table. There is a box conveniently located next to the bar to drop them. All gifts tonight will live forever through endowment and serve as a lasting reminder of our shared vision of creating a strong, vibrant, caring community. Good night."

MGCF

About Michigan Gateway Community Foundation: From our single community beginning in October of 1977, we have evolved into a full service, accredited, and standards compliant Foundation serving Southern Berrien County, focused on Niles and Buchanan, and all of Cass County. Our mission: fostering a community of philanthropy, for good, forever. Strong community support has steadily grown the Foundation. We now have over 135 separate funds, with new ones added every year. The largest single gift to the Foundation was transferred in 2016 from the estate of Walter E. Schirmer, Jr., son of one of the original founders of the Buchanan Area Foundation, which today is Michigan Gateway Community Foundation. In excess of \$8,000,000, the gift funds the Buchanan Promise, a place-based scholarship for graduates of Buchanan High School. The Foundation doubled in size with this gift, today holding endowment assets totaling more than \$25,000,500.

Contact: Michael P. Rowland, President & Chief Executive Officer

mrowland@mgcf.org

www.mgcf.org

www.buchananpromise.org

Phone: [269-695-3521](tel:269-695-3521)

Fax: [269-695-4250](tel:269-695-4250)

[111 Days Ave](#)

[Buchanan, MI 49107](#)

[USA](#)

Press Release – McDonald's Honors Veterans with Free Meals



McDonald's of Indiana and Southwest Michigan Honoring Veterans with Free Meals

Submitted by Spencer Wheelock

McDonald's restaurants across Indiana and Southwest Michigan are honored to serve veterans, active-duty military members and their families each and every day. This year, McDonald's restaurants across the region will be recognizing Veterans Day in a special way, by offering current and former military members a free combo meal.

Participating McDonald's restaurants will offer a combo meal to all veterans, with a valid military ID, all day on Saturday, November 11. Veterans can choose from any combo meal. All options come with any size soft drink, tea or hot coffee, and a Hash Brown for breakfast or French Fries for lunch or dinner.

Across Indiana and Southwest Michigan, McDonald's restaurants are proud to show up for the community in ways both big and small. From providing meals in honor of veterans, teachers and first responders to supporting youth sports leagues and neighborhood jobs, local McDonald's owner/operators are committed to feeding and fostering communities.

The meals are only available via dine-in or drive-thru. The meals are not available in the McDonald's app. Breakfast meals are only available until 10:30am.



Graphic provided by McDonald's



About McDonald's USA: McDonald's USA, LLC, serves a variety of menu options made with quality ingredients to more than 25 million customers every day. Nearly 90 percent of McDonald's 14,000 U.S. restaurants are independently owned and operated by businessmen and women. Customers can now log online for free at approximately 11,500 participating Wi-Fi enabled McDonald's U.S. restaurants. For more information, visit: www.mcdonalds.com, or follow us on Twitter [@McDonalds](https://twitter.com/McDonalds) and Facebook www.facebook.com/McDonaldsUS/.

www.mcdonalds.com

[McDonald's Facebook Page](#)

wheelock@seyferthpr.com

Buchanan Area Senior Center – November 2023

This Month at



A Few of November's Events at Buchanan Area Senior Center

Submitted by Diana Smuda, BASC Program Coordinator

GIVING THANKS MONTH!

Hello dear friends at the BASC! We are grateful for you supporting the Buchanan Area Senior Center! We are grateful for a beautiful building that offers a safe space for people 55+ years old to socialize with friends, exercise, play cards and games, attend informative programs, go on outings, attend our grand events/parties, partake in special services such as the MMAP and AARP Tax Services, and all of our programs. We are grateful for Senior Nutrition Services/ Meals on Wheels of SW Michigan for providing nutritional lunches through their suggested donation based on monthly income program. We are grateful for the many instructors, partners, and sponsors that contribute to the BASC in helping us offer a variety of programs to our area.



This month, in November, we are putting our awareness on Giving Thanks and gratitude. We will be honoring our Veterans and having several programs with emphasis on giving back to our community along with giving gratitude for a more joyful life. Be sure to read all about our programs in November!

Giving Thanks comes in many forms and we are asking you to participate and help by supporting local organizations, listed below, by donating what you can to help others in our community. Please feel free to drop off items at the BASC from November 1 – November 22, Monday – Friday, 9:00 am – 4:00 pm.

Thank you for all for your support, kindness, and giving back to the BASC and to our community! Blessings! ~ Your BASC Family



VETERAN FLAGS

The last few years the BASC honored Buchanan Area Veterans by placing an American Flag in their yard. This year the BASC will be honoring our Veterans once again.

If you, or if you know of a Buchanan Area Veteran who did NOT receive an American Flag last year, please call the BASC at 695-7119 with the Veteran's name and address.

**DAY AFTER THANKSGIVING GAME DAY**

The BASC is open for limited hours on Friday,
November 24, 2023 ~ 10am-2pm.

Normal programming is cancelled for the day.

Come by the center to play games, cards, & enjoy lunch on us!

Registration is required, please call 695-7119 by Friday,
November 17 to register.

**BASC HOLIDAY BAZAAR**

BASC Holiday Bazaar

Saturday, December 2, 2023

9am-2pm

Grab your family/friends and come on by to shop for the
holiday and make sure you get something special for you! Buy your
door prize tickets for a chance to win! There will be over 18 prizes!
BASC will be selling yummy baked goods! On your way out pick up a
BBQ Chicken or BBQ Pork lunch! See you on December 2!

Thank you for supporting the Buchanan Area Senior Center!

Read the full BASC Newsletter for November 2023 [HERE](#).

Buchanan Area Senior Center—November 2023 Calendar				
Fitness / Health / Cards & Games / Educational & Informative & Special Programs / Other Programs				
Monday	Tuesday	Wednesday	Thursday	Friday
 10:00 Chair Fitness with Linda 10:00 Skip-Bo 11:00 Dancing to the Oldies with CeCe 12:30 Memory Rescue Day 4 of 6 1:00 Euchre 1:00 Mah Jongg 2:00 Qigong Exercise	9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting & Sewing—Hanging Kitchen Towel 5:30 Powerbeats with Missy	9:00 Coffee Chat 9:00 Fasting Blood Sugar Testing 10:15 Chair Fitness with CeCe 1:00 Hand & Foot 1:30 Matter of Balance 6:00 Pinochle 6:00 Euchre	11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day	9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends 1:00 Giving Thanks to Our Veterans
10:00 Chair Fitness with Linda 10:00 Skip-Bo 11:00 Dancing to the Oldies with CeCe 12:30 Memory Rescue Day 5 of 6 1:00 Euchre 1:00 Mah Jongg 1:00 2nd Pick-Up Monthly CSFP Commodities 2:00 Qigong Exercise	9:00 Osteo Fit with Missy 10:30 Honor Flights for Veterans 1:00 Pinochle 1:00 Quilting & Sewing—Hanging Kitchen Towel 2:00 Hearing Aid Check 5:30 Powerbeats with Missy	10:15 Chair Fitness with CeCe 12:30 Root Beer Floats 1:00 Quarterly TEFAP Commodities 1:00 Hand & Foot 2:00 GrandPad Training 6:00 Pinochle 6:00 Euchre	9:00 Foot Clinic 10:00—10:30 Blood Pressure Check 10:30 Fireside Chats 11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day 1:00 Monthly CSFP Commodities 3:00 Board Meeting	9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends 1:00 Movie Matinee: Rescued by Ruby
10:00 Chair Fitness with Linda 10:00 Skip-Bo 11:00 Dancing to the Oldies with CeCe 12:30 Memory Rescue Day 6 of 6 1:00 Euchre 1:00 Mah Jongg 1:00 2nd Pick-Up Quarterly TEFAP Commodities 1:00 Euchre 1:00 Mah Jongg 2:00 Qigong Exercise	9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting & Sewing—Hanging Kitchen Towel 5:30 Powerbeats with Missy	10:15 Chair Fitness with CeCe 1:00 Birthday Bingo 1:00 Hand & Foot 6:00 Pinochle 6:00 Euchre	9:00 Craft: Folded Star 9:30 Eyeglass Repair 10:30 Book Club 11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day	9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:30 Lunch Bunch 1:00 Fiber Friends
10:00 Chair Fitness with Linda 10:00 Skip-Bo 11:00 Dancing to the Oldies with CeCe 12:30 Memory Rescue Day 6 of 6 1:00 2nd Pick-Up Quarterly TEFAP Commodities 1:00 Euchre 1:00 Mah Jongg 2:00 Qigong Exercise	9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting & Sewing—Hanging Kitchen Towel 5:30 Powerbeats with Missy	10:15 Chair Fitness with CeCe 1:00 Birthday Bingo 1:00 Hand & Foot 6:00 Pinochle 6:00 Euchre	We are closed Thanksgiving Day	BASC is open 10:00—2:00 pm GAME DAY!!! Join us for lunch and Play games! Registration Required! Call 695-7119 to RSVP!
10:00 Chair Fitness with Linda 10:00 Skip-Bo 11:00 Dancing to the Oldies with CeCe 12:30 Ice Cream Social 1:00 Euchre 1:00 Mah Jongg 2:00 Qigong Exercise	9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting & Sewing 2:00 Conversations with Friends 5:30 Powerbeats with Missy	10:15 Chair Fitness with CeCe 1:00 Hand & Foot 6:00 Pinochle 6:00 Euchre	11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day	In All Things Give Thanks

BASC Calendar November 2023



About Buchanan Area Senior Center: Buchanan Area Senior Center provides a complete facility, a friendly and efficient staff, and active volunteers that enhance the quality of life of seniors in our community. We offer programs and services designed to promote physical, social, and mental well-being, including exercise, recreation, and crafts, as well as Senior Nutrition Services, food commodities, and a Senior Community Garden.

diana@thebasc.org, Diana Smuda – Program Coordinator
adam@thebasc.org, Adam Burck – Executive Director
[269-695-7119](tel:269-695-7119) (phone).
[269-695-2901](tel:269-695-2901) (fax).
[810 Ryneerson St](#)
[Buchanan, MI 49107](#)
[USA](#)

Buchanan District Library – November 2023

This Month at



November at Buchanan District Library

Shared with permission from Buchanan District Library monthly newsletter



“There is a hunger in this digital age to hear authors together, to participate in programs, to just be in a place, a community space.”

Carla Hayden, Librarian of Congress

Save the Date! Saturday, December 9, 2023

A Not-So-Silent Night at the Library!

The holiday season is nearly here, and that means it's almost time for a Not-so-Silent Night at the Library! Combining the best of live and virtual events, this fundraiser features a week-long online silent auction that will end at our festive holiday party on December 9. This year's live music will be provided by Buchanan's own Redbud Ramblers! Don't miss this opportunity to dress in your holiday best and celebrate the season, all while supporting the Buchanan District Library. All proceeds from this event support books, programs, services, and more at YOUR library!



We are also seeking sponsors and silent auction donations for this important library fundraiser. Sponsorships include personalized advertising, tickets to the event, and more! Learn more on our website and contact Meg if you or your business is interested in supporting our Not-so-Silent Night!

[Click here to learn more](#)



BUCKTOWN CHRISTMAS AT THE LIBRARY

Saturday, November 25

Bucktown Christmas is an annual event on the Saturday after Thanksgiving to kick off the holiday season with shopping, Santa, a parade, and lights! Stop by the library for these fun events while you're enjoying all the festivities around town:

1:00–2:30pm: Visit with Santa

1:00–1:30pm: Storytime with Santa & Mrs. Claus

1:00-5:00pm: Write letters to Santa & make a craft

1:00-5:00pm: Drop-in craft for adults

4:00-5:00pm: Visit the LIVE REINDEER

PARADE STARTS DOWNTOWN AT 5:30, FOLLOWED BY THE HOLIDAY LIGHTING AT THE COMMON

ADULT PROGRAMS:



BUCHANAN BOOK CLUB 2023

Jan 4, Feb 1, Mar 1, Apr 5, May 3, Jun 7,
Jul 5, Aug 2, Sep 6, Oct 4, Nov 1, Dec 6

Come join our book discussion! The Buchanan Book Club meets the first Wednesday of the month from 6:00–7:00pm at the library. Please email laura.hauch@buchananlibrary.com if you'd like to join the club/ contact list.

Don't have the book and the library's copy is checked out? We can get it for you through MeLCat interlibrary loan! Go to www.mel.org or ask at the Front Desk to request it.



Sit & Knit

Friday, November 3 at 5:30pm

Novice and expert knitters welcome! Learn to knit or bring your expert project with you to show off. Some materials provided but you are welcome to bring in whatever you are working on. Enjoy conversation with fellow knitters while you work!



Grown Up Video Game Night

Friday, November 10 at 5:30pm

Who says kids get to have all the fun? Come to the library to enjoy a rocking video game night just for grown ups, featuring Rock Band, Guitar Hero, and Sing It!



THE ELEPHANT SANCTUARY Virtual Field Trip

Tuesday, November 14 at 5:00pm

IN THE LIBRARY & ONLINE

Join us in the library's Community Room OR from the comfort of your own home for a virtual field trip to the Elephant Sanctuary in Tennessee! This event is open to all ages. Sign up on our website (or call the library) to be emailed details to join remotely from home.

[Click here to register!](#)

PROGRAMS FOR KIDS & TEENS:



NERF GAMES AT THE LIBRARY

Friday, November 17 at 7pm

This special event after the library closes is just for middle school students! Parents must sign up (including a waiver) with their child in the library prior to the event. Thank you to the Buchanan Police Department for joining us for this fun event!



PRESCHOOL STORYTIME

Wednesdays at 11:00am
September 6–December 20

Join us for Preschool Storytime with Ms. Julie. Come sing, dance, and hear stories! Recommended for ages 2–6 but families with children of all ages are welcome.



TEEN SCENE

Wednesdays at 2:30pm
September 13–December 20

Come hang out with Ms. Jen and fellow teens at the library. Play games, do crafts, and just chillax!

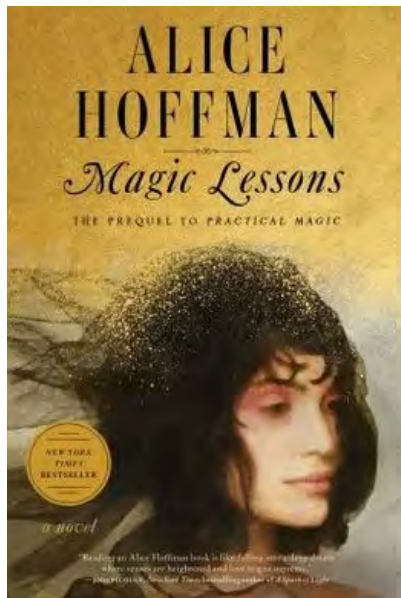


PAJAMA STORYTIME

Thursday, November 16 at 6:00pm

Join us for a special evening storytime once a month. Pajamas encouraged!

WHAT WE'RE READING:



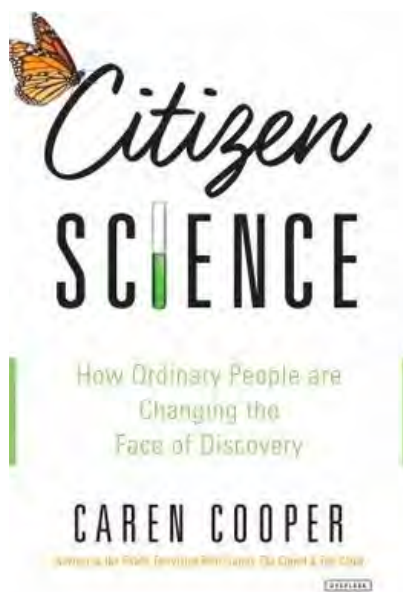
MINDI IS READING...

MAGIC LESSONS
ALICE HOFFMAN

In an unforgettable novel that traces a centuries-old curse to its source, beloved author Alice Hoffman unveils the story of Maria Owens, accused of witchcraft in Salem, and matriarch of a line of the amazing Owens women and men featured in Practical Magic and The Rules of Magic.

Where does the story of the Owens bloodline begin? With Maria Owens, in the 1600s, when she's abandoned in a snowy field in rural England as a baby. Under the care of Hannah Owens, Maria learns about the "Nameless Arts." Hannah recognizes that Maria has a gift and she teaches the girl all she knows. It is here that she learns her first important lesson: Always love someone who will love you back.

When Maria is abandoned by the man who has declared his love for her, she follows him to Salem, Massachusetts. Here she invokes the curse that will haunt her family. And it's here that she learns the rules of magic and the lesson that she will carry with her for the rest of her life. Love is the only thing that matters.



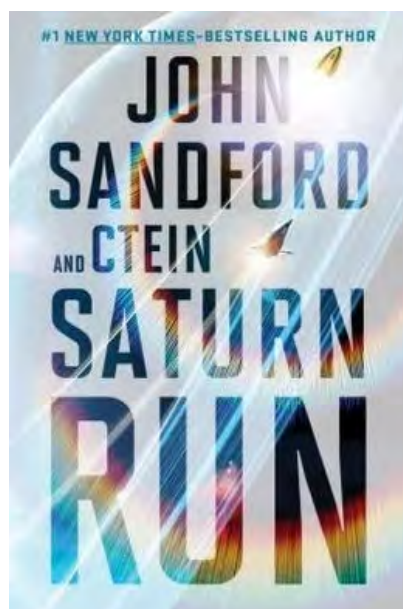
WENDY IS READING...

CITIZEN SCIENCE

CAREN COOPER

Think you need a degree in science to contribute to important scientific discoveries? Think again. All around the world, in fields ranging from astronomy to zoology, millions of everyday people are choosing to participate in the scientific process. Working in cooperation with scientists in pursuit of information, innovation, and discovery, these volunteers are following protocols, collecting and reviewing data, and sharing their observations.

Their story, along with the story of the social good that can result from citizen science, has largely been untold, until now. Citizen scientists are challenging old notions about who can conduct research, where knowledge can be acquired, and even how solutions to some of our biggest societal problems might emerge. In telling their story, Cooper will inspire readers to rethink their own assumptions about the role that individuals can play in gaining scientific understanding and putting that understanding to use as stewards of our world.



MEG IS READING...

SATURN RUN

JOHN SANDFORD & CTEIN

The year is 2066. A Caltech intern inadvertently notices an anomaly from a space telescope—something is approaching Saturn, and decelerating. Space objects don't decelerate. Spaceships do.

A flurry of top-level government meetings produces the inescapable conclusion: Whatever built that ship is at least one hundred years ahead in hard and soft technology, and whoever can get their hands on it exclusively and bring it back will have an advantage so large, no other nation can compete.

The race is on, and an remarkable adventure begins—an epic tale of courage, treachery, resourcefulness, secrets, surprises, and astonishing human and technological discovery, as the members of a hastily thrown-together crew find their strength and wits tested against adversaries both of this earth and beyond. What happens is nothing like you expect—and everything you could want from one of the world's greatest masters of suspense.

LIBRARY OF THINGS FEATURED ITEM:

LOT LIBRARY OF THINGS 3 FEATURED ITEM



NEW! ROASTER OVEN

This Rival 17 qt. roaster oven can roast a whole turkey up to 21 pounds. It can also bake a pie or a batch of cookies, steam vegetables, poach fish or cook a hearty soup. The removable roasting rack has convenient lift-out handles. The removable roasting insert can be stored in the refrigerator and washed in a dishwasher. Let's get cooking!

[CLICK HERE](#) to learn how to become an LoT patron at the Buchanan District Library!

ARE WE MISSING SOMETHING??

Did you know you can request materials for the library to purchase? To make a request, log into [your LIBRARY ACCOUNT](#) (in the upper right-hand corner, use your library card number and 10-digit phone number), click on the Reserves/Requests tab, and click the request link.

THE DEWEY DECIBEL SYSTEM



WE STARTED A PODCAST!

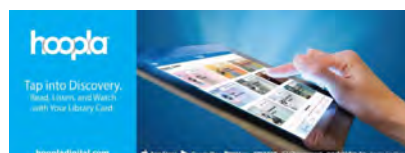
The Dewey Decibel System is the official podcast of the Buchanan District Library. Each episode Meg, Karen, and Grant will discuss books, movies, music, video games and more...basically anything that can be checked out with a library card! A special guest from the community will be part of each conversation. Check out our first episode on [Spotify](#) or [YouTube](#), or right on the [library's website](#).

HOOPLA

Have you tried hoopla yet? Check it out!

What is hoopla?

Hoopla Digital is a service that provides online and mobile access to eBooks, audiobooks, comics, music, movies, and TV. The hoopla digital collection includes popular entertainment and educational content, such as hit TV series, newly released music, bestselling audiobooks and eBooks, and much more. With hoopla and a valid library card, you can instantly borrow, stream, and download dynamic content for free!



Unlike Libby (don't worry, Libby is still available too!), hoopla is a cost-per-circulation service, which means that the library pays for each item checked out so you can have it instantly—no waiting or reserve lists! Checkouts are limited to 5 per month, so choose your items wisely! Checkout limit resets on the first of each month.

How do I sign up?

Download the hoopla app on your mobile device or [go here](#) to get started. Search for Buchanan or enable your location and choose Buchanan District Library. Log in with your 14 digit library card number with no spaces. Your pin is your 10 digit phone number. You will need to set up an account with an email address and password. After signing up, you will log in with your email and the password you created.

[Click here to learn more about using hoopla](#)



NEW! Join the Reading Dragons challenge!

Kids 5–17, join our new Reading Dragons challenge on [Beanstack](#) and earn your own magical menagerie! Earn a new set of creature cards each week from September 1 through April 30. Register for the challenge and learn more details in the Beanstack Tracker app or on our [Beanstack site](#).

New Beanstack Challenges!

The library has made new on-going challenges for kids and teens and a seasonal challenge for adults on our Beanstack site to encourage everyone to be a life-long reader!

1000 Books Before Kindergarten: This challenge promotes early literacy skills for children from birth to age six and encourages parent and child bonding through reading. Reading helps build social and emotional skills, sparks creativity and imagination, and helps kids do well overall in school. It doesn't matter if your child is three, or just three months – there's no better time to start than now! Take that motivation, open one book, and get started. And remember, 1000 is just a number. The goal is to work reading aloud into your regular routine, and let the magic of stories do the rest. This is an ongoing challenge with no end date, and readers can participate in this challenge at the same time as other challenges. Parents, don't forget to pick up your welcome packet at the library.



500 Books Before Middle School: Kids ages 5-11, are you up to the challenge? Read 500 books before middle school! Log your reading to earn badges along the way. Every 100 books you read earns you a pin-on button! This is an ongoing challenge with no end date, and readers can participate in this challenge at the same time as other challenges.

100 Books Before Graduation: Teens and pre-teens ages 11-19, read 100 books before graduating, log your reading in Beanstack, and earn a new set of badges, as well as a pin-on button at 50 and 100 books! This is an ongoing challenge with no end date, and readers can participate in this challenge at the same time as other challenges.

Genre Challenge 2023: Challenge yourself to read beyond what you can imagine and explore new genres! This challenge runs from January 1, 2023 to December 31, 2023, and readers can participate in this challenge at the same time as other challenges.

[CLICK HERE TO CHECK OUT THE NEW CHALLENGES!](#)
or find the challenges in the [BEANSTACK app!](#)



Community Cookbook

Did you know we're working on a Community Cookbook? Your recipe may be printed off and shared around the library, and when we collect enough recipes, we'd like to create a printed book. If you want to submit a recipe, use the form on our website!

[Click here to submit a recipe!](#)



The myLIBRO app is now available at BDL!

- Search and browse the library's catalog from your mobile device
- Access your library account to view, renew, and reserve items
- Checkout and read/listen to eBooks and audiobooks
- Connect to Amazon's Alexa

Questions? Visit our website, stop by the library, or give us a call at 269.695.3681.

[CLICK HERE TO LEARN MORE ON OUR WEBSITE](#)

The library is always closed Sundays & Mondays.

Thank you for being part of the Buchanan District Library!



About Buchanan District Library: Our mission is to provide quality material, superior programming and exceptional services delivered with care and integrity to meet the needs of our diverse community.

Contact: Meg Paulette, Director

www.buchananlibrary.org

m.paulette@buchananlibrary.com

[269.695.3681](tel:269.695.3681)

[128 E Front St](#)

[Buchanan, MI 49107](#)

[USA](#)

Press Release – SAM Completes Training for Neurodivergent Learners



School of American Music Completes Teacher Training for Neurodivergent Learners

Submitted by Donna Mitchell, School of American Music Executive Director

Teachers for School of American Music (SAM) recently completed a training session on methods for teaching “neurodivergent” learners – a term specialists use to describe people with autism spectrum disorder (ASD), Asperger’s, ADHD, or other neurological conditions. The training was conducted by Katy Foster, specialist from Berrien Regional Education Service Agency (RESA), Michigan certified special education teacher, and adjunct professor at Andrews University.



SAM Completes Teacher Training for Neurodivergent Learners, Photo provided by School of American Music

“Neurodiversity” is a neutral term to describe the idea that people experience the world in a variety of ways. Different ways of thinking and learning are viewed as exactly that — differences, not deficits. The neurodiversity training covered: characteristics of students with autism and other challenges; language to use with students who may be neurodivergent; and educational strategies proven to be effective for neurodivergent students.

For younger students, the application of neurodiversity training to music education involves skills such as managing the learning session, structured learning, maintaining focus, and accepting diversions from the lesson plan. For older students, teachers are often challenged to create alternative, often visually-oriented ways of presenting musical concepts. It takes patience to discover the way to teach a concept that is different from the way you learned it, but when it works, it is very satisfying.

Tim Hindes, an adult student at SAM who lives near Saugany Lake, Indiana, heard about the training and wrote: “I’m a 60-year-old neurodivergent male who has always had difficulty in school. In the past, I would get frustrated with how I was being taught and would lose confidence and quit. The staff at the SAM understood me. For five years they have modified teaching plans to make it fun and interesting. Today I’m still taking classes, playing music, and grateful. If you are neurodivergent or have a child who’s neurodivergent and interested in music, don’t let past experiences keep you from enjoying this life skill.”

The School of American Music is a non-profit organization that provides education, performance, and audience opportunities in music in the Southwest Michigan area. The school’s teaching methods accommodate a range of neurodivergent and neurotypical learning styles. For more information about the school, please visit the website SchoolofAmericanMusic.com.



About School of American Music: The School of American Music was founded by D. Garth Taylor to serve as a music resource in Michiana. Currently serving as President of SAM, Taylor has been joined over the years by Executive Director, Donna M. Mitchell and a full Board of Directors. Their mission is to provide education, performance, and audience opportunities in music and the related arts in the Southwest Michigan area. The School of American Music, located in Three Oaks, Michigan, is a 501(c)(3) nonprofit organization. The school provides education, performance, and audience opportunities in music and the related arts in the Southwest Michigan area.

www.schoolofamericanmusic.com

schoolofamericanmusic@gmail.com

[269-409-1191](tel:269-409-1191)

[3 N Elm St](#)

[Three Oaks, MI 49128](#)

[USA](#)

A Note from the Editor & Publisher – Issue 63



A Note from the Editor & Publisher – Issue 63

by Rebecka Hoyt, Editor & Jen Garry, Publisher

Editor ~ Sports and Events Volunteer Writers/Photographers Wanted for The Buchanan Chronicle:

This week or perhaps the last couple of months, you may have seen me at functions in our small town Buchanan. The reason why is that we need some more writers/photographers for sporting events and/or events happening in and around Buchanan. I do enjoy attending these functions, and our team does try to do their part, but life happens and there's no way to predict that.

So, if you are interested in being part of an all-volunteer team, who likes to attend Buchanan High School or even Buchanan Middle School sporting events (or LIVE Facebook videos of police/fire escorts for sporting events); Buchanan City Commission meetings; ribbon cutting ceremonies; concerts in the summer, etc...then send your resume to us at buchananchronicle@att.net.

We have been bringing as much news as we can to our community and other communities/states since 2021. Come be a part of a great publication!

Publisher ~ The Buchanan Chronicle Current Stats:

- Total Website Views by Month 2023:
 - January – 3,821 (2,482 in 2022)
 - February – 3,528 (1,961 in 2022)
 - March – 4,390 (2,481 in 2022; 2,668 in 2021)
 - April – 3,813 (2,102 in 2022; 4,444 in 2021)
 - May – 3,282 (1,915 in 2022; 3,517 in 2021)
 - June – 3,234 (1,595 in 2022; 3,016 in 2021)
 - July – 4,357 (1,986 in 2022; 2,927 in 2021)
 - August – 5,003 (2,101 in 2022; 3,227 in 2021)
 - September – 3,233 (2,209 in 2022; 3,460 in 2021)
 - October – 4,953 (2,272 in 2022; 2,752 in 2021)
- Recent Issues:

- Issue 61 (October 07) Views: 1,795
- Issue 62 (October 21) Views: 3,204
- WordPress Subscribers: **107**
- Email Subscribers: **133**
- Facebook Followers: **1,869** (Top Reach: 11.4K)
- Instagram Followers: **256**
- NEWEST CATEGORY ~ Printed Edition Subscribers: **20**

As always, we'd like to remind you if you come across anything newsworthy, any announcements to share publicly, or anything you'd like your community to know about, please let us know by email (at buchananchronicle@att.net), fill out our online form [HERE](#). We really appreciate any communication – we want to know what's happening so we can tell our community! Also, we love to publish Opinion pieces and Guest Writer spots from local contributors, feel free to write in if you have something to say to Buchanan!

Thanks again for reading and engaging in our Buchanan Community with us!

The Buchanan Chronicle



NEW Printed Editions of
The Buchanan Chronicle

~ **AVAILABLE NOW** ~

Our Printed Newspaper is at
locations all around Buchanan
for you to pick up FOR FREE

~ Available Quarterly ~
(Are they all out? Tell us or this location!)

Want to Subscribe so we
send it directly to you?

Scan this QR Code:



SPECIAL WINTER EDITION
2023
COMING SOON!!!
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Newspaper: [Click HERE!](#)

Our vision is to inform and connect the Buchanan
community and those surrounding us through
publications with relevant topics that matter.

www.thebuchananchronicle.com

P.O. Box 143 Buchanan, MI 49107
269.697.9874 ~ buchananchronicle@att.net

The Buchanan Chronicle



Remembering – Issue 63


Remembering

Remembering – Issue 63

Buchanan Losses • 10/20 – 11/02

Name	Age	Born	Died
Shannon Lea Bennett-Winger	54	October 14, 1969	November 2, 2023
Dennis A. Drudge	73	June 12, 1950	October 31, 2023
Beverly Sue Phelps	87	April 5, 1936	October 30, 2023
Lynford Morgan	86	November 21, 1936	October 29, 2023
Thomas Pearson Scott	58	September 27, 1965	October 28, 2023
Greg F. Dellinger	84	March 26, 1939	October 26, 2023
Lois Garvin	70	April 2, 1953	October 20, 2023

We wish to respectfully honor the memory of anyone we lose in the Buchanan community. Please do let us know any corrections or additions to the list.

Hoven Funeral Home
www.hovenfunerals.com
info@hovenfunerals.com
269-695-2363
414 E Front St
Buchanan, MI 49107
USA

Starks Family Funeral Homes – Swem
www.starksfamilyfh.com/swem-chapel
269-695-6881
301 W Front St
Buchanan, MI 49107
USA



The Clark Barker – Issue 63



Don't Forget to Turn Your Clocks Back!

So, that time of year is here as I have been told by my humans that we gain another hour of sleep and we know this as "Daylight Savings Time Ends" tomorrow, Sunday, November 5, 2023. Before you go to bed tonight, reset those manual clocks or some of your digital clocks – if they don't do them on their own an hour back. Oh and also, change the batteries in the smoke and carbon dioxide detectors. I hope that your kid(s) will feel refreshed on Monday when they wake up for school. Hey now, does this mean that my eating times get pushed back too? Oh man, "Woof!"

Woof-Woof!

